

End of Life Care - The Fundamentals: e-learning training course



We hear all too often of cases where people have had to spend the final weeks or days of their lives away from family and friends, being denied the compassion, care and respect that they deserve.

This Fundamentals version of the course aims to introduce learners to the basic principles of end of life (or palliative) care and emphasise the importance of providing person-centred support in ways that both protect and promote a person's dignity.

Learners will also explore how good communication between everyone in the support network and the individual is key to planning and delivering care which meets their needs and wishes.

The online materials include case studies, quizzes and activities to help reinforce learning as students work through each topic.

In addition, learners will carry out an online assessment to check their learning on completion of the course.

Topics covered include:

1. the basic principles involved in good end of life care
2. the reasons why person-centred approaches to care planning and delivery are most effective
3. the reasons why good communication skills are important
4. effective techniques for providing practical and personal care
5. how you can provide support to the family in the final days and after death.