

Becoming a Wellbeing Champion - E-learning training course



A short course providing support to those who are considering or are about to become a Wellbeing Champion.

A pre-requisite for completing the course is that you have already completed our Resilience and Wellbeing course.

Discover more about the role, the responsibilities and the personal qualities that help to make an outstanding Wellbeing Champion.

By the end of the course you will be able to:

- Describe the role of the Wellbeing Champion
- List the responsibilities of the Wellbeing Champion
- Decide whether you are qualified to become a Wellbeing Champion
- List the dos and don'ts associated with becoming a Wellbeing Champion.