

Defibrillation

Aim

To provide awareness of the safe use of Automated External Defibrillators (AED) and understand their role.

Target Group

This training is designed for those who wish to know the basics of AEDs, how to locate and use one. It is suitable for anyone wanting to gain initial non-practical Basic Life Support training and for those wanting to refresh their existing knowledge and complement their practical training.

Delivery method, venue and duration - date(s) to suit you

- 2 hour virtual session using Zoom or MS Teams.
- *You might wish to have two half days (not necessarily the same topic) on the same day to keep your costs down.*

Learning outcomes: by the end of this session participants should:

- Understand the basic life support requirements
- Know how to locate and fit an AED
- Understand the differences when using a AED on a child
- Be able to carry out basic user maintenance and trouble shoot problems with an AED
- Understand the safe use of an AED

Training methods used

All of our training sessions, whether face-to-face or virtual, are intended to be as interactive as possible. Participants are encouraged to ask questions, make comments and bring up their own issues. We use lots of different methods including quizzes, case studies, video clips and small group work as well as direct teaching. We want participants to leave the session saying “that was really enjoyable - and it was directly relevant to my working life.”

Basic Life Support

For those wanting to gain practical training, we would recommend our half day Basic Life Support, which aim is to give participants the skills and knowledge to act in an emergency situation providing the casualty with critical lifesaving assistance until support arrives.