

# Paediatric First Aid

## Aim

A two-day course designed to equip those who work in childcare with the knowledge and skill to provide the initial treatment to a child or infant who is injured or sick, prior to professional medical assistance arriving.

This course satisfies the guidelines and criteria as laid down by the Early Years Foundation Stage (EYFS) and Ofsted.

## Target Group

This course is ideal for those who are responsible for children and infants, in particular - teachers, child minders, creche assistants, playgroup personnel.

## Delivery method, venue and duration - date(s) to suit you

- Face-to-face in your own training room over two-days, OR
- 1 day virtual, 1 day face-to-face in your own training room.

## Learning outcomes: by the end of this session participants should have covered the following areas:

- Responsibilities of a first aider
- Action in an emergency
- Unconscious casualty
- Head injuries
- Infantile convulsions
- Control of bleeding
- Eye injuries
- Heat and cold
- Sickle cell anaemia
- Burns
- Resuscitation and Defibrillation
- Choking
- Diabetes
- Foreign bodies
- Anaphylaxis
- Fractures
- Asthma
- Meningitis
- Shock

## Training methods used

All of our training sessions are intended to be as interactive as possible. Participants are encouraged to ask questions, make comments and bring up their own experiences. We use lots of different methods including quizzes, role play, video clips, as well as direct teaching. We want participants to leave the session saying “that was really enjoyable - and it was directly relevant to my working life.”

## Accredited or non-accredited first aid training?

We offer both accredited and non-accredited first aid training. The content is the same, which meets the requirements specified by the Health and Safety (First Aid) Regulations 1981. There is a practical assessment and multiple choice examination as part of the accredited course. Successful participants will be awarded the Ofqual Level 3 Paediatric First Aid, which is valid for three years. Maximum numbers are 16 per session for unaccredited first aid training and 12 per session for accredited first aid training.