

# Student First Aid

## Aim

This 3-hour Student First Aid course has been designed for key stage 3 and key stage 4 students (11+ years) and fulfils the requirements of the Department for Education in respect of first aid training.

## Target Group

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As well as the school meeting statutory requirements for health education, students will also have the opportunity to attain a nationally regulated qualification, enhance their CV and develop new life skills.

## Delivery method, venue and duration - date(s) to suit you

- Face-to-face in your own training room over a full day.

## Learning outcomes: by the end of this session participants will have covered the following areas:

- What is first aid?
- Primary survey
- Recovery position
- Resuscitation
- Safe use of an AED
- Choking
- Head injuries
- Wounds and bleeding
- Minor burns and scalds

## Training methods used

All of our training sessions are intended to be as interactive as possible. Participants are encouraged to ask questions, make comments and bring up their own experiences. We use lots of different methods including quizzes, roleplay, video clips and small group work as well as direct teaching.

## Numbers

There is a maximum number of 12 students, and must be a minimum of 11 years of age.